



Independent Advocacy

Anyone can suffer with daily stresses, and for those in need, we are a free, friendly and independent service for people who live in Flintshire or Wrexham.



April 2015 - March 2018

An Independent Advocate can help you to ...

- ✓ Think through choices you have.
- ✓ Talk through any courses of action you may wish to follow and any possible consequences.
- ✓ Speak up for yourself or, if you'd prefer, they can speak up on your behalf.
- ✓ Represent your views when you ask them to.
- ✓ Refer you to other appropriate agencies and to accompany you if necessary and where practicable.
- ✓ Challenge discrimination.
- ✓ Promote independence.
- ✓ Take control of your life

This service is funded by the Betsi Cadwalader University Health Board and Flintshire County Council.

'Changing lives for the better'

Our mission statement

We do this by helping people say what they want, to secure their rights, to represent their interests and to obtain the services they need.

ASNEW works in partnership with the people they support and take their side.

Advocacy promotes social inclusion, equality and social justice.

Contact us:

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Fax: 01352 219269

✉: Advocacy@ASNEW.org.uk

🌐: www.ASNEW.org.uk

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Adfocatiaeth Annibynnol

Gall unrhyw un ddioddef oherwydd straen dyddiol, ac i'r rheiny sydd mewn angen, rydyn ni'n wasanaeth sydd am ddim, yn gyfeillgar ac yn annibynnol ar gyfer pobl sy'n byw yn Sir y Fflint neu Wrecsam.



April 2015 - March 2018

Gall Eiriolwr Annibynnol eich helpu i...

- ✓ Ystyried y dewisiadau sydd gennych chi.
- ✓ Trafod unrhyw lwybr y gallech fod eisiau ei ddilyn ac unrhyw ganlyniadau posibl.
- ✓ Siarad drosoch eich hun neu, os byddai'n well gennych chi, fe allan nhw siarad ar eich rhan.
- ✓ Cynrychioli eich barn pan ofynnwch chi iddyn nhw wneud hynny.
- ✓ Eich atgyfeirio at asiantaethau priodol eraill a mynd efo chi os oes angen a phan fydd hynny'n ymarferol.
- ✓ Herio gwahaniaethu.
- ✓ Hyrwyddo annibyniaeth.
- ✓ Rheoli eich bywyd eich hun

Fe ariennir y gwasanaeth hwn gan Fwrdd Iechyd Prifysgol Betsi Cadwaladr a Chyngor Sir y Fflint.

'Yn newydd bywydau er gwell'

Ein datganiad o fwriad

Byddwn yn gwneud hyn drwy helpu pobl i ddweud beth sydd arnyn nhw ei eisiau, i ddiogelu eu hawliau, i gynrychioli eu buddiannau ac i gael y gwasanaethau y mae arnyn nhw eu hangen.

Bydd ASNEW yn gweithio mewn partneriaeth â'r bobl y maen nhw'n eu cefnogi ac yn ochri â nhw.

Cysylltwch â ni:

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